Straddles Gymnastics Class Schedule

Starting September 8, 2026

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00am to 9:55am			**Baby Dolphins** 9:00am - 9:45am crawling to 3 years old			**Little Jumpers** 3 to 5 years old
10:15am to 11:25am						4-6 years old 6-8 years old
3:00pm to 3:55pm			**Little Jumpers** 3 to 5 years old			
4:00pm to 5:10pm	4-6 years old 6-8 years old 8+ years old	**Flippers Team Practices** *(email for more details)*	4-6 years old 6-8 years old 8+ years old	**Flippers Team Practices** *(email for more details)*	4-6 years old 6-8 years old 8+ years old	
5:15pm to 6:25pm	4-6 years old 6-8 years old 8+ years old Tumbling for Cheer (6-8)	In-house/Pre-team *4:30-6pm* XCEL Bronze *4:30-6:30pm*	4-6 years old 6-8 years old 8+ years old Tumbling for Cheer (8+)	In-house/Pre-team *4:30-6pm* XCEL Bronze *4:30-6:30pm*	4-6 years old 6-8 years old 8+ years old	
6:30pm to 8pm		XCEL Silver/Gold *6:15-8:15pm*		XCEL Silver/Gold *6:15-8:15pm*	Open Gym drop-ins welcome!	

Quick Links: Up to date class availability
Class descriptions

Contact us, we can help years oldu find the right class for years oldu child!

425 South Riverside Avenue, Croton-on-Hudson, NY 10520
914-271-2400
straddlesgymnastics@gmail.com
www.straddlesgymnastics.com